



Confident Kids Support Groups

Dates:

October 28-29, 2010
9:00 am—5:00 pm Thursday
9:00 am—5:00 pm Friday

Location:

Simpsonwood
Conference and Retreat
Center (The Gibson Lodge)
4511 Jones Bridge Cir.
Norcross, GA 30092

Instructors:

David & Linda Sibley

Fees:

Early Bird Special
\$85 until August 28
\$105 beg. August 29
(for Thursday night lodging
at Simpsonwood, add \$65)

Information:

Sponsored by the
Southeastern Institute
on Chemical Dependency
www.theSICD.org

Contact:

Jewell Meringer
678-525-2692
Jewell@theSICD.org

Seminar Content Info:

Contact:
Confident Kids
805 614-2824

WHAT ABOUT THE CHILDREN? A Training Seminar for the *Kids Like Me!* & *Confident Kids* Support Group Programs

Overview:

In America today, 1 in 4 children experience living in a home where there is active alcohol or drug abuse. Without help, these children are up to 16 times more likely to develop their own addictions later in life. Yet, very few programs exist anywhere to help them now, while they are still young! But YOU can make a difference in their lives. For more than 20 years, the children's support groups from Confident Kids (*Kids Like Me!* [for children of alcoholics/addicts] and *Confident Kids*) have been providing **hope and healing** to children (and their parents) who are struggling with these, and many other difficult life issues. Join us to learn how your church can make a life-changing difference for children in your congregation and community!

Seminar Agenda

Day 1: Foundations. Content includes:

- **Life in A High Stress Family.** Discover what it is like for a child to live in a home where there is active alcohol/drug abuse.
- **Children's Support Groups As An Early Intervention Strategy.** Learn how the KLM and CK programs can help both children and parents heal and break destructive family cycles.
- **Overview of Children's Support Groups.** Learn all about the *Kids Like Me* & *Confident Kids* programs.
- **Helping Children Cope, Heal & Grow when facing difficult life circumstances.**

Day 2: Basic Facilitation Skills. This day will focus on essential skills needed by program leaders. Content includes:

- **Understanding Children of Alcoholics/Addicts.** Learn what children growing up with addiction need from us and how the *Kids Like Me!* program is designed to meet those needs.
- **Behavior & Discipline in Children's Support Groups.** Children bring lots of behavior issues to the support group. Learn how to distinguish between normal kid behavior and the defensive behaviors that result from emotional pain. Also, how to get beyond the defensive behaviors to reach the child within so real healing can begin.
- **Impacting the Powerful Family System.** Children do not come to us from a vacuum. The family creates the context that shapes their attitudes and beliefs, determines their defensive behaviors and sets the course for possible addictive and abusive behaviors in the future. Learn how this powerful system works and how a children's support group program can change it!
- **Basic Skills for Program Facilitators.** These include listening/responding, behavior & discipline in the support group setting, and helping children TRUST, TALK and FEEL (thus breaking the 3 primary rules of high stress families: Don't Trust, Don't Talk, Don't Feel).

Instructors:

- **Linda Sibley, M.A.C.E.** The author of *Kids Like Me!* and *Confident Kids*, Linda has been conducting support groups for kids and parents since 1987. A graduate of Bethel Theological Seminary, she and her husband travel extensively to train others to minister to high stress kids.
- **David L. Sibley** has been the Executive Director of Family Ministries International and Linda's co-trainer since 1997.

"I was two months old when my father left. There were no displaced homemaker programs back then, no Confident Kids program to help bring hope and light and God's love to hurting children. But there is today. I've read their material, and watched how Confident Kids has helped many children at my home church. If you're looking for a tool to build up broken hearts, and teach people about God's best, I heartily recommend Confident Kids." **John Trent, Ph.D.**

Seminar Registration

Name _____ Phone (____) _____

Address _____ City/State/Zip _____

Is this your ___ home or ___ organization address?

Church/Organization (if any) _____

Email address: _____

Include lodging Thursday evening at Simpsonwood's Gibson Lodge? _____ Yes _____ No

To pay with a credit card, please register through www.theSICD.org. To pay by check, mail this form and your check for \$85 (\$105 after 8/28/10) for the two-day seminar (includes lunches) or \$150 (\$170 after 8/28/10) for the two-day seminar plus Thursday dinner, Friday breakfast and lodging) to:

Southeastern Institute on Chemical Dependency, PO Box 269, Snellville, GA 30078

For more registration information, please call Jewell Meringer at 678-525-2692